

Occupational Therapy Screening Tool

Motor Skills

Movement, balance, coordination

- ☐ Clumsy
- ☐ Poor posture, slumping
- ☐ Fidgety behavior
- ☐ Poor sense of rhythm
- ☐ Short endurance
- ☐ Left/right confusion
- ☐ Poor coordination
- ☐ Difficulty skipping, riding a bike, catching a ball, tying shoes
- ☐ Difficulty buttoning and zipping

Sensory Integration

How we experience, interpret, and react to the world around us

- ☐ Difficulty getting up
- ☐ Tiredness at the end of the day
- ☐ Anxiety
- ☐ Hyperactivity/fidgeting
- ☐ Feeling overburdened with everyday tasks
- ☐ Sensitivity to sound, touch, taste, smell, movement
- ☐ Poor posture
- ☐ Low frustration tolerance
- ☐ Unmotivated
- ☐ Difficulty going to and staying asleep
- ☐ Avoids change
- ☐ Over-reactive

Behavioral and Social Adjustment

Auditory difficulties is often related to these

- ☐ Low tolerance or frustration
- ☐ Poor self-confidence
- ☐ Poor self-image
- ☐ Shyness
- ☐ Difficulty making friends
- ☐ Difficulty understanding humor
- ☐ Difficulty with eye contact
- ☐ Inflexible
- ☐ More aware of tone of voice
- ☐ Facial and body language
- ☐ Difficulty reading
- ☐ Non-verbal cues
- ☐ Lacks tact
- ☐ Difficulty with transitions

Receptive Listening

This is the listening that is directed outward. It keeps us attuned to the world around us, to what's going on at home, at work or in the classroom.

- ☐ Short attention span
- ☐ Distractibility
- ☐ Oversensitivity to sounds
- ☐ Misinterpretation of questions
- ☐ Confusion of similar sounding words
- ☐ Frequent need of repetition
- ☐ Inability to follow sequential instructions
- ☐ Poor memory
- ☐ Slow response time



Expressive Listening

This is listening that is directed within. We use it to control our voice when we speak and sing.

- ☐ Flat and monotonous voice
- ☐ Hesitant speech
- ☐ Weak vocabulary
- ☐ Poor sentence structure
- ☐ Overuse of stereotyped expressions
- ☐ Inability to sing in tune
- ☐ Poor reading comprehension
- ☐ Poor reading aloud
- ☐ Poor spelling
- ☐ Difficulty expressing ideas
- ☐ Poor comprehension
- ☐ Slow responses
- ☐ Difficulty summarizing thoughts

Handwriting

Difficulties usually due to a combination of motor in sensory and auditory difficulties

- ☐ Confusion or reversal of letters
- ☐ Writing too light or too dark
- ☐ Complains of hand pain
- ☐ Difficulty using cursive
- ☐ Poor spacing
- ☐ Shortens sentences to avoid writing
- ☐ Writing too large or too small
- ☐ Difficulty remembering how to make letters
- ☐ Poor capitalization and punctuation

Academic

We learn by organizing sensory information we receive

- ☐ Avoids reading
- ☐ Poor attention span
- ☐ Poor organization
- ☐ Spelling difficulty
- ☐ Headaches
- ☐ Procrastination
- ☐ Difficulty with organization/structure
- ☐ Poor reading comprehension
- ☐ Difficulty getting started
- ☐ Difficulty completing task
- ☐ Poor planning/organizing
- ☐ Poor concept of time

Contact information:

Date:

Name	_____	Phone Number	_____
Address	_____	Email Address	_____
City	_____	Name of person for eval/therapy	_____
State, Zip	_____	Age of person for eval/therapy	_____

Comments:

