

Helping Teens Overcome Learning Challenges A workshop by Kathy Kuhl

Where to Begin

- Paul Tripp, *Age of Opportunity: A Biblical Guide to Parenting Teens*. Not related to special needs, but to wise parenting. Good advice on attitudes.
- Kathy Kuhl. *Staying Sane as You Homeschool: Balancing Your Priorities*.
- www.hslda.org/highschool/ on planning, transcripts, resources, vocations, and more. See HSLDA's special needs department for another fine newsletter.
- Two Yahoo groups: homeschool2college and conservativehs2c. Homeschoolers discuss preparing their students for college.
- For parents of teens wandering from their faith and values, Carol Barnier's *Engaging Today's Prodigal: Clear Thinking, New Approaches, and Reasons for Hope*, 2012.

Planning and Transcripts

- Janice Campbell. *Transcripts Made Easy*. everydayeducation.com.
- Inexpensive online transcript service, <http://www.heav.org/resources/transcript.html>

Teaching Tools and Tips

- Chris Zeigler Dendy. *Teaching Teens with ADD, ADHD, and Executive Function Deficits*. Woodbine House, 2011. Also see *Teenagers with ADD: A Parents' Guide*.
- EPSbooks <http://eps.schoolspecialty.com/> has many great resources.
- Harold Jacobs wrote excellent math books, including *Mathematics: A Human Endeavor: A Book For Those Who Think They Don't Like the Subject*.
- Mel Levine, MD. *The Memory Factory*. <http://eps.schoolspecialty.com/> helps students understand different memory problems and their own strengths and weaknesses.
- Publishers that write high school curricula on lower reading levels: Globe Fearon (division of Pearson), High Noon, AVCS, Remedia, and Attainment Company.
- Learning Abled Kids recommends online and correspondence programs. www.learningabledkids.com/college_and_high_school/high_school_options.htm
- www.hewitthomeschooling.com correspondence courses, with a special needs track.
- KhanAcademy.org Free! "over 4,000 videos and 100 self-paced exercises and assessments covering everything from arithmetic to physics, finance, and history."

Study/Organization Tools

- Gloria Frender. *Learning to Learn*. Nashville, Incentive Publications, 1990.
- Joan L. Green, Assistive technology expert: Visit ittsguides.com for resources.
- *Assistive technology such as:* SpeakQ dictation software. Key to Access (MP3 player w/ voice recorder, text-to-audio software, talking dictionary, etc.) www.readingmdeez.com. Google Calendars. Skoach.com. Timetimer.com- a visual timer.

Transition to Work or College

- ADDitude magazine's website has a section on adults with ADD/LD. www.additudemag.com/channel/adult-add-adhd/index.html
- Dale S. Brown. *Learning a Living: A Guide to Planning Your Career and Finding a Job for People with Learning Disabilities, Attention Deficit Disorder, and Dyslexia*. Woodbine House, 2000. Out of print, but available used.
- Dale Brown's book, *Steps to Independence for People with Learning Disabilities* is available for download free. Link at LearnDifferently.com
- Topp. *Microbusiness for Teens*. microbusinessforteens.com/ has helpful tools and video clips to help teens start their own businesses.
- National Resource Center on ADHD, has several articles on "Living with ADHD: Workplace Issues," including the military. help4adhd.org/en/living/workplace
- Anne Ford with John-Richard Thompson. *On Their Own: Creating an Independent Future for Your Adult Child with Learning Disabilities and ADHD*.
- Temple Grandin, Ph.D., & Kate Duffy. *Developing Talents*. Autism Asperger Publishing.
- Temple Grandin, Ph.D., & Sean Barron. *The Unwritten Rules of Social Relationships*.
- Learning Disabilities Association has articles on workplace issues. www.lidaamerica.org/aboutld/adults/index.asp
- LDonline has useful articles available on their *Transition: School to Work* page, including "College or Training Programs: How to Decide," and "Transition and Self-Advocacy." www.ldonline.org/indepth/transition

Colleges for Struggling Learners

- As you visit colleges, go to the campus center coordinating services for students with disabilities, ask (or better, have your teen ask) what services they provide, & how to get them. Off-campus private organizations provide assistance and coaching.
- Several colleges including RIT, have special programs for students on spectrum.
- Landmark College, VT, for LD www.landmark.edu
- Beacon College, in Leesburg, Florida <http://www.beaconcollege.edu/>
- Gallaudet University, for hearing impaired, Muskingum, OH. Marshall, WV. Louisberg, NC.
- Shepherds College for students with intellectual disabilities. shepherdscollege.edu,
- and many more.

Transition to College

- Carol Reynolds, Ph.D., *Why Freshmen Fail and How to Avoid It!*
- Attention Deficit Disorder Association. *ADD: Transition to College -- Passport for Success*. Purchase this video at www.addvance.com/bookstore/young.html

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- Charles T. Mangrum II, Ed.D., and Stephen S. Strichart, Ph.D., eds. *Peterson's Colleges with Programs for Students with Learning Disabilities or Attention Deficit Disorders*.
- National Resource Center on ADHD. "Succeeding in College." *What We Know* information sheet series. www.help4adhd.org/en/education/college/WWK13
- Kathleen G. Nadeau, Ph.D. *Survival Guide for College Students with ADHD or LD*. Washington, DC: Magination Press, 2006. chesapeakeadd.com.
- Patricia Quinn, M.D. *ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder*.
- Henry B. Reiff, Ph.D. *Self-Advocacy Skills for Students with Learning Disabilities*. Port Chester, New York: National Professional Resources, 2007. www.NPRinc.com Dr. Reiff gives practical help. In passing, he makes the case for attending a liberal arts college with strong support for students with disabilities, rather than a college specifically for students w/ LD.